



ACT NOW
FOUNDATION

Dementia Resource Center

5TH ANNUAL

Music & Memories

GALA

Together We **SHINE** a Light
on Dementia

1.19.2024

7:00 PM – 12:00 AM

The Valley Regency
1129 Valley Road, Clifton, NJ 07013



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Our hhc mission is what drives us to discover innovative solutions and therapies that help address unmet needs within the communities that we seek to serve.

Eisai is proud to support the Act Now Foundation and their Music and Memories Gala.

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together with Renee Bettinger,
Gala Chair

Present the 5th Annual

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Our Mission

To raise awareness, advocate, and educate New Jersey about Alzheimer's disease prevention, and early detection in order to improve the quality of life of those living and suffering from Alzheimer's Disease & related dementias.

Our Promise

To reduce the impact of Alzheimer's disease in New Jersey, to promote public awareness of Alzheimer's, and to engage communities to build supportive, capable, and Alzheimer's educated environments.

Our Pledge

To offer programs and services that decrease the emotional, physical and financial tolls on families, caregivers and communities.



ACT NOW
FOUNDATION

Dementia Resource Center

400 38th Street, Suite 402, Union City, NJ 07087

201-721-6721

www.ActNowFoundation.org

Act Now Foundation, a not-for-profit 501(c)(3) organization, receives operating support in part from Hudson County office on Aging, Hudson County Office of Inclusion & Accessibility, Bergen County Division of Senior Services, Essex County Division of Senior Services, CDBG Hudson County & Bergen County, CDBG & CSBG Jersey City, CDBG Hoboken, Office of Faith Based Initiatives, Ponce De Leon Bank Foundation, Eisai Pharmaceuticals, and other Corporations, Foundations, and Private Donors.

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A Message from our Co-Founders Kristine Allen & Cary Lopez

Dear Friends,

On behalf of our Board of Trustees, our Gala Committee, and the entire staff at Act Now Foundation, we would like to thank you for attending our 5th Annual Music & Memories Gala.

Our mission has always been clear: to provide unwavering support to those affected; and strive relentlessly towards a world without dementia. Together, we have made significant strides. Yet, the battle is far from won.

We implore each of you to stand with us tonight in this fight. Whether you're a donor, a volunteer, a caregiver, or someone who has been touched by dementia, your role is crucial, and your dedication fuels our progress.

We are at a pivotal moment. By banding together, we can turn the tide against dementia. Each action, no matter how small, is a step closer to a world where this disease no longer robs individuals of their memories and dignity.

Tonight, we SHINE a light on dementia in hopes of raising awareness about a disease that affects us all.

Tonight's proceeds will benefit Act Now Foundation's programs and services that support, educate, screen, and advocate for families who are living and struggling with Alzheimer's disease or related dementias.

I urge you to join us in our unwavering commitment to defeat Alzheimer's. Together, let's create a future where families are no longer burdened by this devastating illness.

Thank you for your ongoing support and dedication. Together, we are making a difference.



Kristine Allen
President



Cary Lopez
Executive Director



Congratulations

ON THE SUCCESS OF THE
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THANK YOU FOR YOUR EFFORTS TO RAISE
AWARENESS ABOUT ALZHEIMER'S DISEASE
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Dementia Resource Center

and its mission to support seniors and their caregivers as they navigate the challenges of Alzheimer's and dementias.

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A Message from Gala Committee Chair

Renee Bettinger



Dear Friends of Act Now Foundation:

It is my honor and privilege again to Chair the 5th Annual Music & Memories Gala to benefit the life changing work of Act Now Foundation. I would like to express my sincere appreciation to the entire committee for their hard work, enthusiasm, and dedication in making this event a success.

My personal thanks to Kristine Allen and Cary Lopez for their motivating force to advocate and educate all of us on Alzheimer's Disease and related dementias. I personally have experienced their countless hours in providing emotional support to all the caregivers in our time of need. Act Now Foundation is not just comprised of these two selfless women. They are blessed with an amazing group that includes Stacy Hutsell, Jessica Vega-Conza, Nalaevy Ortiz, Alba Sepulveda, Ellen Gelber, Linda Lembo & Vivian Matias, as well as many volunteers and interns who donate their time.

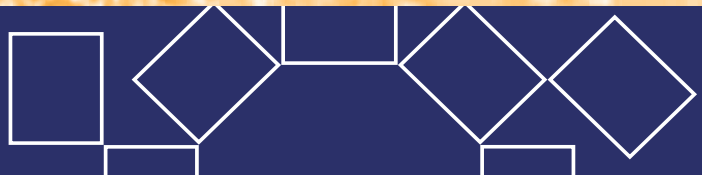
Finally, amidst the glamour and celebration, I'd like to thank all of our sponsors, donors and guests. Please relish the knowledge that you are not just a spectator, but a crucial part in making this fundraiser a success. Thank you for being the driving force behind our collective journey towards a brighter, more compassionate future.

So tonight, we celebrate your generosity and the impact magnified by your selfless giving. Now enjoy the music to make wonderful memories of your own!

Sincerely,

Renee Bettinger

Renee Bettinger, Gala Chairperson



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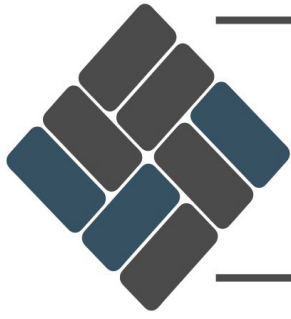
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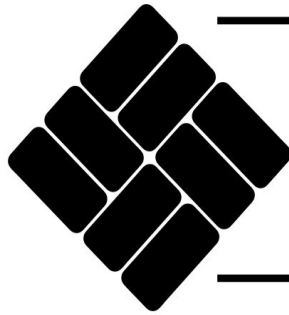
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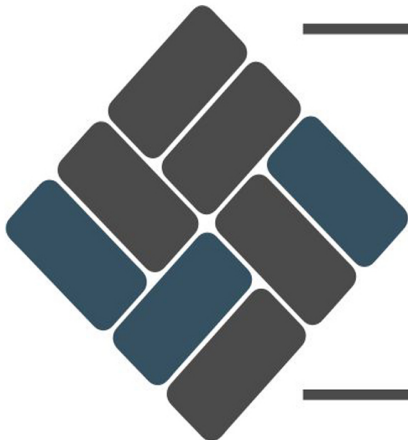
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The Act Now Foundation**



Enjoy This 5th Annual Music & Memories Gala!

**Hudson County Executive
Craig Guy**

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*Act Now Foundation's program priorities are driven
by the needs of the community.*

Our mission is to improve the quality of life of those suffering from Alzheimer's disease & related dementias and those that care for them – our Dementia Care Heroes!

To be successful in this we listen closely to the concerns of our clients and community partners and design programs based on specific needs. Daily interaction with local seniors and caregiver's is the basis for Act Now Foundations programming.

Our Board reviews findings and prioritizes recommendations based on our field discoveries and Community Needs Assessment and includes the following programs:

- Evaluations Testing and Early Diagnosis
- Long-Term Care Planning
- Support Groups
- Crisis Management
- Care Coordination
- Educational Workshops for Family Caregivers
- Training for Professionals Including First Responders
- Resources and Advocacy for families
- Diversity & Outreach Programs
- Brain Health Initiative

**BUILDING AWARENESS
ONE MIND AT A TIME!**

Music & Memories

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Isa Legacy Award Honorees

Champions for Change – Distinguished Advocates In the Fight Against Dementia

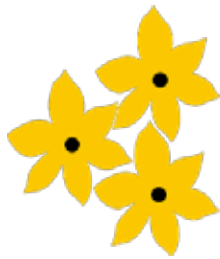
In the symphony of our Music & Memories Gala, we take a moment to honor extraordinary individuals whose unwavering commitment has resonated far beyond the notes of our melodies. Tonight, we celebrate these distinguished advocates who have become beacons of hope in the relentless fight against dementia. These surprise honorees embody the spirit of our Music & Memories Gala through their dedication, passion, and commitment to our cause.

Tonight, we express our deepest gratitude for their unwavering commitment to creating a world where dementia is met with compassion, awareness, and effective support. As we unveil these surprise advocates, we celebrate not only their dedication but also the unexpected pathways through which they've contributed to the fight against dementia.

Let us join in expressing our heartfelt gratitude for their dedication and support, enriching the tapestry of our Music & Memories Gala and leaving an indelible mark on our hearts. May their unexpected journeys inspire us to continue the fight with renewed vigor, creating a world where compassion and understanding prevail.”

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From: Commissioner William O'Dea



*Congratulations and Best Wishes to
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5TH ANNUAL MUSIC & MEMORIES GALA*

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**CONGRATULATIONS
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Best Wishes,

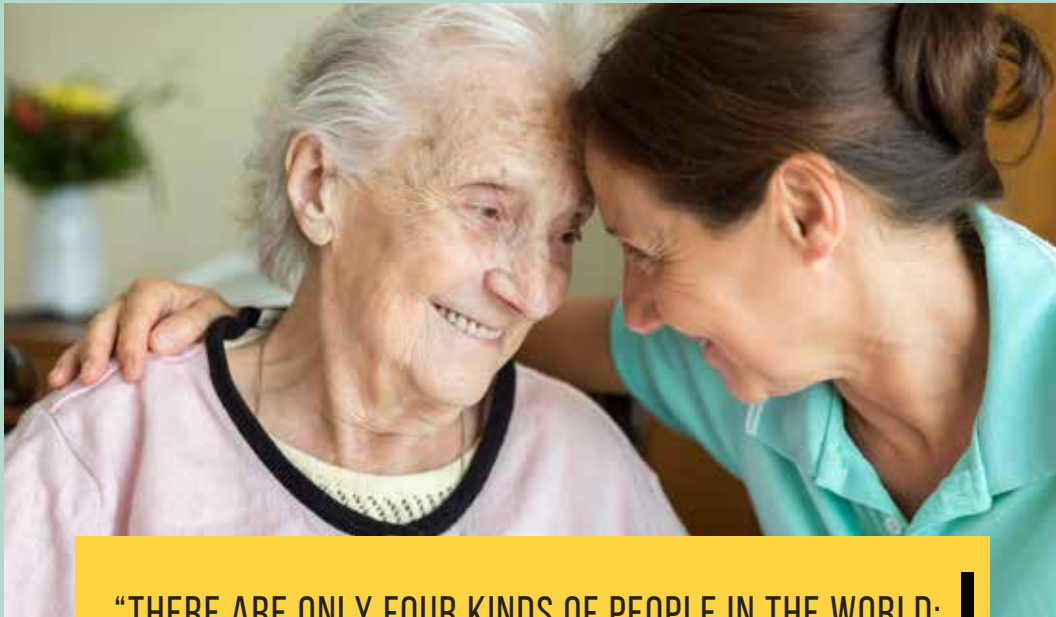
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In Honor of
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For Her Support of
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With love,
Nancy & Nathan Sambul



**“THERE ARE ONLY FOUR KINDS OF PEOPLE IN THE WORLD:
THOSE WHO HAVE BEEN CAREGIVERS. THOSE WHO ARE
CURRENTLY CAREGIVERS. THOSE WHO WILL BE
CAREGIVERS, AND THOSE WHO WILL NEED A CAREGIVER.”**

ROSALYN CARTER

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50 **Kristine Allen
& Cary Lopez**

Act Now Foundation in Hudson County

Both excel at navigating the politics there to further their policy goals – which in its own right is laudable – increasing Alzheimers awareness, care, and funding. They combine policy chops with an on-the-ground understanding of the reality of the issue, advocating in the Statehouse, while caring directly for those afflicted – patients, caretakers, and families.



**OUR CO-FOUNDERS & ACT NOW
FOUNDATION MADE INSIDER NJ'S
POLICYMAKERS POWER LIST 2022!!**

56 **KRISTINE
ALLEN AND
CARY LOPEZ**
**ACT NOW FOUNDATION IN
HUDSON COUNTY**

The pair have built and expanded their non-profit, Act Now Foundation, into a leading Alzheimer's care and awareness organization advocating for those afflicted with the disease – including patients, caretakers, and family. Having been part of Statehouse legislative efforts in the past, they combine policy expertise with a real-world understanding of the reality of Alzheimer's.



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“While no one can change the outcome of
Dementia or Alzheimer’s, with the right
support, you can change the journey.”